

Medical Needs Documented by Emergency Medical Services (EMS) Responders to Areas Affected by Typhoon Haiyan in the Philippines: Implications on Disaster Response Policy

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ABSTRACT

Background. Despite existing disaster preparedness policies in the Philippines, there has not been any validated assessment of the quality of disaster medical response, which would require reliable aggregate data on patient diagnoses and management.

Objective. This mixed-methods study documented the diagnoses, triage classification and case management of patients seen by Philippine EMS groups who responded to the Typhoon Haiyan disaster in the Philippines in November and December 2013, as well as difficulties associated in gathering these data, using the Utstein-style Template for Uniform Data Reporting of Acute Medical Response in Disasters as framework.

Methods. Three hundred (300) individuals vetted by EMS organizations were invited to answer a survey modeled after the Utstein-style template, and submit tallies of patients seen. Out of 52 responses received, policy recommendations were subsequently generated on concerns assessed by the template using the nominal group technique.

Results. The submitted data yielded a total of 41,202 patients with information on age, sex, and diagnosis; 19,193 with triage classification; and 27,523 with information on case management. The focus group discussion underlined the absence of a standard communication and information management system. Participants recommended establishing such a system, and highlighted the role of the Department of Health – Health Emergency Management Bureau in coordinating disaster medical response efforts and information management.

Conclusion. This study underlines the importance of effective communication, and multisectoral coordination, to generate reliable data and thus, facilitate resource allocation for disaster medical response.

Key Words: cyclones, disaster medicine, emergency medical services, relief work, Typhoon Haiyan

INTRODUCTION

Typhoon Haiyan (Philippine name: Yolanda), one of the strongest typhoons ever recorded, made landfall on the Philippine island of Samar on 8 November 2013, with winds reaching a speed of 235 km/h, and producing gusts of up to 275 km/h with a radius of up to 480 km, thereby causing widespread devastation across the Visayas islands and northern Palawan. Moreover, according to the Philippine Atmospheric, Geophysical and Astronomical Services

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Administration report of 2013, the typhoon dumped severe rainfall, triggering storm surges and inundating coastal villages and low-lying towns.

The Philippine National Disaster Risk Reduction and Management Council (NDRMMC) reported that the typhoon left 6,300 people dead, 28,688 injured and 1,062 missing. In addition, a total of 3.42 million families in 648 cities and municipalities, were affected by the typhoon. Specifically, 93% of casualties were recorded in Region 8, which includes the provinces of Leyte, Samar, and Eastern Samar. The NDRMMC reported that total damages caused by the typhoon amounted to approximately PHP 89.60 billion (USD 2.05 billion, 2013 rate).¹

Emergency Medical Services (EMS) responders, composed of emergency medical technicians, physicians, nurses, and allied health personnel specially trained for emergency response, function as a vital component of disaster medical response (DMR), especially in the aftermath of natural disasters such as that of Typhoon Haiyan, when DMR operations are often affected by poor inter-agency coordination and the lack of essential resources.^{2,3} The preventability of these difficulties has been shown in modeling studies backed by reliable data,^{4,5,6} but a system for assessing the quality of medical response carried out by EMS responders (and thus, the data gathered) has not been validated in the Philippine DMR context.

Disaster medical response planning in the Philippines is governed by the framework of disaster risk reduction and management (DRRM), as mandated by Republic Act 10121 or the Disaster Risk Reduction and Management Act of 2010. DRRM includes these four processes: 1) prevention and mitigation, 2) preparedness, 3) response, and 4) recovery.³ Despite defining the scope of areas for disaster management, this framework does not provide for a validated, standardized assessment of the quality of DMR, which can guide subsequent planning for disasters.

Recognizing this lack of standard assessment, European disaster researchers met in Italy, Belgium, and ultimately in Utstein, Norway in 2010 to formulate a template for documenting aspects of DMR that will help improve subsequent planning and response. These gatherings produced the Utstein-style Template for Uniform Data Reporting of Acute Medical Response in Disasters, which assessed 15 disaster-related factors, among them medical communications and information management (nested under disaster medical operations coordination), which is the focus of this article. Specifically, data elements that this template recommends for inclusion in the documentation of DMR include the following:

1. population demographics: tallies collected according to sex and age, local pre-disaster health profile, and documentation of vulnerable groups in the area,
2. health care system capacities: documentation of the local dispatch system, EMS system, and the availability of healthcare facilities, and

3. DMR system: description of the organizational structure, criteria for activation, medical operations plan, concept of operations and medical operations management.³

Because DMR planning should be guided by needs that are encountered in the field, this study aimed to document medical needs encountered by Filipino EMS groups in areas that were affected by Typhoon Haiyan, with the intention to inform policy decisions on allocating health resources in responding to disasters of similar magnitude. This study also aimed to identify underlying reasons for difficulties in documenting and responding to these medical needs. In this article, we use “medical needs” to encompass these three aspects that were routinely documented by the study participants during the DMR: triage classification, determination of patient diagnoses, and case management.

METHODS

Selection of participants and survey

Research participants were selected from an initial list of 300 Philippine-based EMS responders who were deployed to areas affected by Typhoon Haiyan. This list was supplied by groups vetted by members of the Philippine College of Emergency Medicine (PCEM) and associated EMS organizations. People in the list were invited to complete a study survey, which included items on DMR coordination and medical needs encountered, based on the Utstein-style template. Specifically, the items included in the survey were the following:

1. area of deployment,
2. tally of casualties seen, categorized under either primary cause (i.e. death directly due to the effects of the typhoon) or secondary cause (i.e. death due to a pre-existing comorbidity that worsened after the onset of the typhoon),
3. tally of cases according to triage classification. Patients were triaged at the scene under the four categories of the Simple Triage and Rapid Treatment System: T1 (Red/Immediate), T2 (Yellow/Delayed), T3 (Green/Minimal), and T4 (Black/Blue/Expectant/Dead),
4. tally of cases seen, grouped according to sex and pre-specified age ranges, and
5. classification of cases whether these required hospitalization or outpatient management.

In keeping with ethical standards, recruitment was done on an individual voluntary basis and not through the EMS organizations to avoid any possibility that the survey might be misconstrued as a performance evaluation.⁷ To promote participation, potential respondents were informed of the study objectives and the intention to generate policy recommendations to guide future disaster response operations.

Survey responses were sent either via electronic means (i.e. online survey platform) or postal courier. A total of

52 responses were received, in which 36 of these responses provided data on patient demographic data; only 23 responses included data on triage classification or case management of patients seen. Twelve responses out of the above-mentioned 36 responses were found to be redundant and hence were excluded. The same was also done for five redundant responses out of the 23 that included data on triage classification or case management. (Figure 1).

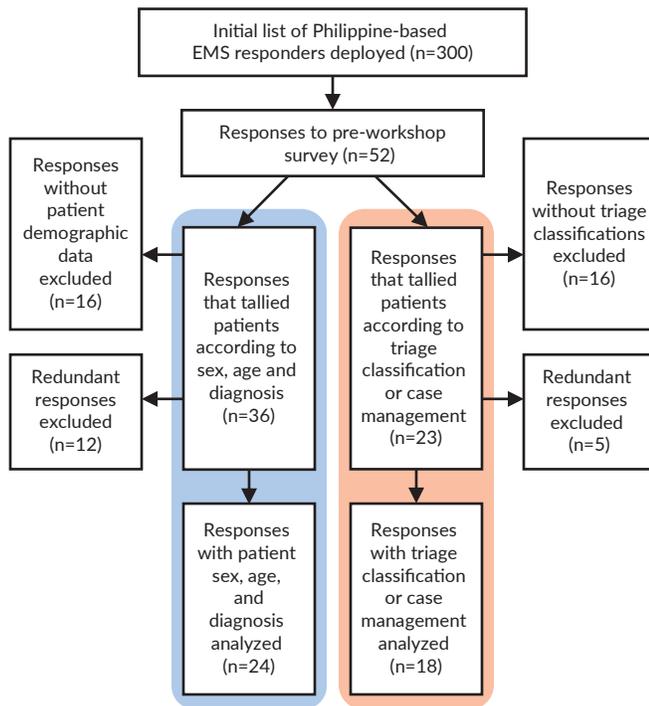


Figure 1. Flow diagram of responses received.

Focus group discussion

A focus group discussion (FGD) was held in the city of Manila, Philippines in March 2014 to validate survey responses and generate policy recommendations and contextual data related to various concerns that emerged during the DMR. Participants were grouped according to their period of deployment in the Typhoon Haiyan response: 1) responders already in the area during landfall or within the week, 2) responders arriving after one week, 3) responders arriving after two weeks, and 4) responders arriving after three weeks and beyond, to consider these different response activities that correspond with each of the previously mentioned phases of post-disaster response: 1) “saving as much lives as possible,” 2) disaster prevention and control, and, in the case of teams arriving beyond three weeks, 3) “building back better”.⁸

The nominal group technique for consensus building was used for facilitating the subsequent FGDs, which were done simultaneously among the four groups to gather inputs related to the medical needs encountered, and the difficulties experienced. In carrying out this method, a facilitator asked a question on a DMR-related concern derived from the Utstein-style template. Specifically, the FGD asked questions

on local health care system capacities, as well as points of improvement and policy recommendations for improving the DMR system. Participants were given a piece of paper to write their response, and affixed their answers on the board. The facilitator grouped similar answers together, and discussed emerging themes. Afterwards, participants were given five (5) dots, which they either affixed on one theme they strongly agreed with, or divided among multiple themes depending on their level of preference. Themes garnering the greatest number of dots were referred to the other groups, whereupon a similar process was done, but now with similar themes across groups clustered together. Finally, themes with the greatest number of dots were chosen as the consensus input of all participants.⁹

In addition to the survey respondents, key persons from the following Philippine agencies and organizations who also participated in the DMR were invited to participate in the focus group discussions: Department of Health, National Disaster Risk Reduction and Management Council (NDRRMC), Metropolitan Manila Development Authority (MMDA), Department of the Interior and Local Government (DILG), Ugnayan ng Pahinungod (a group of volunteers affiliated with the University of the Philippines Manila) and others. Their participation was only limited to policy recommendations in response to inputs generated by the FGDs.

Data collection and analysis

The Statistical Package for the Social Sciences (SPSS) version 21 and Microsoft Excel (Office 365) were used for computing tallies and generating descriptive statistics.

RESULTS

Because of the diversity in data recording procedures among the participants’ organizations, the tally of patients categorized according to sex, age, and diagnosis (total: 41,202, Table 1) had a discrepancy with tallies according to triage classification, which itself had discrepancies in how the patient information system recorded sex and age group (total according to sex: 19,193; total according to age group: 19,171, see Tables 2 and 3). There was also a discrepancy with tallies according to primary and secondary cause, as well as case management (total according to sex: 27,523; total according to age group: 27,522, see Tables 4 to 6), despite the best effort of the authors in tracking the discrepancy in reported data. Additionally, though all patient tallies included sex, age, and diagnosis, not all were able to record triage information or how their cases were managed (i.e. whether they were hospitalized or not).

Deployment area

Most of the study participants were deployed to Leyte island (62%), which was the area with most casualties and damage reported. There were 7 (13%) responders who were deployed in Samar island and 7 (13%) responders who went

Table 1. Adjusted distribution of cases seen by sex and age groups at the point of consult (n=41,202)

Type of Cases Seen	Total	Distribution by Sex		Distribution by Age (years)				
		Male	Female	0 to <1	1 to <5	5 to 18	19 to 65	>65
Dead								
Dead on arrival	1,090	678	412	33	65	142	621	229
Resuscitations (CPR, defibrillator, etc) but dead outcome	94	59	35	41	16	1	15	21
Total Dead	1,184	737	447	74	81	143	636	250
Alive								
Surgical diagnoses	13,679	7,227	6,452	767	2,369	3,529	4,404	2,610
Minor cuts and bruises								
extremities	2,999	1,493	1,506	450	720	870	629	330
head	2,631	1,372	1,259	105	263	579	974	710
between pelvic and knee area	2,137	935	1,202	107	513	705	470	342
between shoulder and hip area	1,728	976	752	52	294	449	622	311
Major trauma								
amputations of extremities	1,619	1,084	535	16	162	178	648	615
head	1,292	665	627	13	245	362	620	52
between pelvic and knee area	794	455	339	24	143	262	230	135
between shoulder and hip area	479	247	232	0	29	124	211	115
Post-traumatic depression	2,663	2,062	601	0	479	852	1,172	160
Pulmonary	2,556	946	1,610	358	690	460	613	435
Infectious	2,210	1,101	1,109	420	619	464	243	464
Cardiovascular	1,893	687	1,206	303	303	454	530	303
Gastrointestinal	1,848	647	1,201	462	536	444	240	166
Musculoskeletal	1,095	585	510	11	66	164	854	0
Drowning	322	187	135	151	103	29	16	23
Fever	34	5	29	2	3	10	18	1
Deliveries	28	0	28	0	0	0	28	0
Allergy	11	6	5	1	2	3	5	0
Total Alive	40,018	20,680	19,338	3,242	7,539	9,938	12,527	6,772
GRAND TOTAL (All cases seen)	41,202	21,417	19,785	3,316	7,620	10,081	13,163	7,022

to Panay island. The rest of the responders were deployed in Villamor Air Base in Pasay City (8%) and in Cebu (4%), which was a hub for airlifted families and patients, and was the receiving end of communication efforts from the affected areas. (Figure 2).

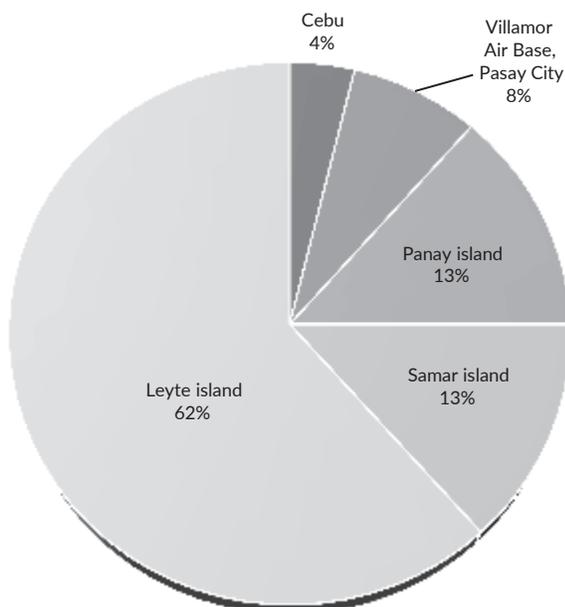


Figure 2. Respondents' location of deployment (n=52).

Patients categorized according to sex, age, and diagnosis

As shown in Table 1, among responses with reported sex, age, and diagnoses, 41,202 cases were tallied, of which 40,018 (97.13%) were seen alive, 1,090 (2.65%) were dead on arrival, and 94 (0.23%) died despite resuscitation efforts. Among patients seen alive, 20,680 (51.67%) were male and 19,338 (48.32%) were female.

For purposes of analysis we used these age groups: 1) infants 0 to less than 1 year old, 2) children aged 1 to less than 5 years, 3) children aged 5 to 18 years, 4) adults aged 19 to 65 years, and 5) elderly aged more than 65 years. The choice of age grouping scheme was made on the bases of health program implementation in the Philippine setting, with special programs allocated to infants, young children, and the elderly. However, due to data recording errors or discrepancies

Table 2. Adjusted distribution of cases according to sex and triage category (n=19,193)

Triage Category	Distribution by Sex	
	Male	Female
T1 cases (Red/emergent)	1,044	1,028
T2 cases (Yellow/urgent)	2,156	1,678
T3 cases (Green/non-urgent)	7,382	4,673
T4 cases (Black/ Blue/expectant)	520	712
TOTAL	11,102	8,091

Table 3. Adjusted distribution of cases according to age group and triage category (n=19,171)

Triage Category	Distribution by Age				
	0 to <1 yo	1 to <5 yo	5 to 18 yo	19 to 65 yo	>65 yo
T1 cases (Red/emergent)	826	208	418	245	416
T2 cases (Yellow/urgent)	1,066	378	422	1,187	762
T3 cases (Green/non-urgent)	2,056	3,152	2,378	3,439	1,241
T4 cases (Black/ Blue/expectant)	0	0	125	852	0
TOTAL	3,948	3,738	3,343	5,723	2,419

Table 4. Adjusted distribution of cases according to primary and secondary cause (n=27,523)

Types of cases seen	Distribution by Sex		Distribution by Age (years)				
	Male	Female	0 to <1	1 to <5	5 to 18	19 to 65	>65
Primary cause (drowning, asphyxiation, hypothermia, trauma)	8,151	7,034	992	2,553	3,701	5,056	2,883
Secondary cause (hypertension, diabetes, congenial and chronic diseases, or other injuries sustained after the typhoon, etc.)	6,039	6,299	1,557	2,698	2,851	3,703	1,529
TOTAL	14,190	13,333	2,549	5,251	6,552	8,759	4,412

Table 5. Adjusted distribution of cases according to sex, and hospitalized and non-hospitalized cases (n=27,523)

Types of cases seen	Distribution by Sex	
	Male	Female
Hospitalized cases	2,993	2,880
Non-hospitalized cases	11,197	10,453
TOTAL	14,190	13,333

in reporting, there were 4,146 patients unaccounted for in terms of age. We thus adjusted the total tally based on the assumption that the aggregated age distribution of patients with available age data can approximate the percentage distribution of the overall population.

Furthermore, 13,679 (34.18%) were cases requiring surgical management, of which 9,495 (69.41%) involved minor cuts and bruises on the extremities, the head, and the pelvic, knee, shoulder, and hip areas. The remainder of these cases (4,184 or 30.59%) involved major trauma of the aforementioned areas or traumatic amputation of extremities. (Table 1).

Non-surgical diagnoses seen at the point of consult included cases of post-traumatic stress or depression (2,663 or 6.65%), pulmonary cases (2,556 or 6.39%), and infectious cases (2,210 or 5.52%), as well as cardiovascular, gastrointestinal, and musculoskeletal cases, which accounted for less than 5% of cases. Accounting for less than 1% was drowning, fever of unknown origin, maternal deliveries, and allergies. An interesting finding in these tallies was the prevalence of post-traumatic depression more among male patients (2,062 of 2,663 cases, or 77.43%), which deserves further study. (Table 1).

Patients categorized according to triage classification

Among responses with reported triage classification, a total of 19,193 patients were tallied, of which 11,102 (57.84%) were male patients while 8,091 (42.16%) were female (Table 2).

Notwithstanding the discrepancies between data based on sex (Table 2) and age group (Table 3), patients triaged as T1 were 11% of all the cases seen. Most of these patients (40%) belonged to the 0 to <1 age group. Meanwhile, T2 cases comprised 20% of the cases seen, wherein 31% were from the 19 to 65 age group, and 28% were from the 0 to <1 age group. Moreover, T3 comprised of 63% of the cases, 29% of which belonged to the 19 to 65 age group. Finally, those classified as expectant or dead (T4) comprised 6% of the cases, of which 69% were from the 19 to 65 age group and 10% were from the 5 to 18 age group.

Patients with reported case management

Among responses with reported case management, a total of 27,523 patients were tallied, of which 14,190 (51.56%) were male patients while 13,333 (48.44%) were female. Out of the total tally, 12,338 patients (45%) sought consult for conditions attributable to secondary causes, such as hypertension, diabetes, congenital conditions, minor trauma, and other chronic diseases. This was outnumbered by 15,185 or 55% of the total cases, which resulted from primary causes (drowning, asphyxiation, hypothermia, trauma). Moreover, 5,056 or 33% of cases attributable to primary causes came from the 19 to 65 age group (Table 4).

Table 6. Adjusted distribution of cases according to age group, and hospitalized and non-hospitalized cases (n=27,522*)

Types of cases seen	Distribution by Age Group				
	0 to <1 yo	1yo to <5yo	5 to 18 yo	19 to 65 yo	>65 yo
Hospitalized cases	463	1,655	1,564	2,170	472
Non-hospitalized cases	2,061	3,609	4,998	6,590	3,940
TOTAL	2,524	5,264	6,562	8,760	4,412

*Author's note: Despite our best effort in tracking the discrepancy, there is one patient unaccounted for in this tally from the one in Table 5.

Furthermore, 5,873 (21%) were hospitalized and 21,650 (79%) were managed on an outpatient basis. There was almost an equal ratio between both sexes for those hospitalized wherein 2,993 (51%) were male and 2,880 (49%) were female. Most (34%) of the hospitalized cases belonged to the 19 to 65 age group. Majority of those who were seen and not hospitalized were male 11,197 (51.72%) and belonged to the 19 to 65 age group, 6,590 (30%). (Tables 5 and 6).

Focus group discussion

Focusing on communication and information management, participants agreed that there was lack of central coordination and there was absence of a unified communication or information management system among responders, thereby impeding respondents from reporting scarcity of resources, manpower, and supplies, as well as proper endorsement between responders and receiving hospitals. They also agreed that addressing these concerns requires that DMR groups use a standard reporting form and other data gathering tools provided by the Department of Health, designate an information office tasked with ensuring data quality, and attend cluster meetings with other DMR-oriented organizations. Additionally, the participants emphasized the significant role of the Department of Health – Health Emergency Management Bureau in swiftly coordinating the DMR efforts carried out by various EMS groups and other volunteer organizations, since deployment often occurs due to urgency perceived by the deploying organization or individual volunteers. Notably, the “spirit of volunteerism” was noted as a significant motivating factor to participate in the response. Thus, to facilitate multi-agency coordination with the EMS sector, the participants also recommended the creation of a national registry for emergency medical responders.

DISCUSSION

Assessing the tallies gathered by the study at face value, and assuming that all assessments were done correctly according to triaging guidelines, we find that most patients seen by study participants were triaged as T3, a classification that requires minimal direct patient intervention, but also underlines the need for proper assessment by adequately trained and equipped responders.¹⁰⁻¹¹ Moreover, an overwhelming majority of the patients tallied by the survey respondents had complaints that were managed surgically. Also, most patients sought consult for complaints attributable to secondary causes, highlighting an already demonstrated importance of providing continuity of care for non-communicable diseases, mental health disorders, and other chronic conditions, as was seen in events of similar magnitude like Hurricane Ike in the United States (2008) and the seasonal cyclones in Japan, United States, and the Philippines, as well as India, Bangladesh, and other tropical countries.¹²⁻¹⁴

However, notwithstanding how these data pinpoint to the need to consider the level of training of deployed personnel and the ability to address specific diagnoses or provide continuity of care, a more significant issue is the lack of data gathering standards in disaster-affected areas, as demonstrated by the insufficient triage classification data and the varying systems of documentation among participants. It is a relatively common phenomenon that has been attributed to these factors: the environmental nature of disasters, personal safety, challenges related to communication (specially with other disaster response organizations), and socioeconomic, political, and cultural considerations.¹⁵ These factors thus demonstrate the importance of effective communication and multi-agency coordination and collaboration in ensuring accuracy of DMR data gathering.

Since the establishment of DMR is usually chaotic within affected agencies, disaster planning must include communication protocols, contingency plans, and organizational charts that will help identify offices that are responsible for each of the DRRM phases (i.e. prevention and mitigation, preparedness, response, and recovery).^{3,8,16,18} Templates for reporting must also be agreed with stakeholders involved in DMR, but these should be harmonized with a national standard, to facilitate equitable allocation of resources, especially in disasters that affect several areas.

However, setting a national standard is often fraught with organizational and political challenges, such as levelling of conflicting interests, and lengthy bureaucratic and consultative processes, which are interventions at the policymaker level, access to which the EMS sector has only been provided marginally in the Philippine context.¹⁶⁻¹⁷ For instance, there is no explicit mention of the EMS sector among organizations represented in the NDRRMC and the local councils.¹⁸ Because the EMS sector encompasses organizations with links to both government and private agencies and a scope that ranges from national to local levels, we believe it greatly behooves the NDRRMC to give this sector a greater role in DRRM policy development because of the wealth of experience and expertise of its members in DMR. This is to help avoid the lack of clarity in the roles to be assumed by private sector organizations during disaster response, and the “top-heaviness” of disaster response planning, made apparent by the difficulty in scaling operations to actual service delivery in the affected areas.¹⁹

Limitations

This study is limited by its relatively small sample size, which affects the generalizability of the results. Additionally, the study was unable to document the level of satisfaction of responders in the way their intended medical management was carried out, which would produce a more compelling argument for allocating health resources appropriately, as this would require substantial additions to the survey template and a separate FGD for each of the diagnostic categories. Moreover, the nominal group technique, which

is inherently a tool for consensus building, did not intend to relate medical needs and other related issues with period of deployment, focusing instead on priority actions in response to the needs identified and agreed on by all participants, regardless of their period of deployment. There were also no representatives from international organizations such as the agencies of the United Nations, which would have generated inputs on the extent of difficulty in scaling national-level disaster planning to implement health service delivery in affected areas. Investigating relationships between all the aforementioned variables would additionally assist in planning DMR activities by allowing the consideration of geographical, social, political, and other epidemiological considerations, and thus, deserves further study.

CONCLUSION AND RECOMMENDATIONS

Reliable information is essential for effective and equitable allocation of resources to address medical needs encountered in a disaster of such magnitude as that of Typhoon Haiyan. Thus, the difficulty of documenting cases seen in the context of DMR carried out by EMS responders pinpoints aspects of health services delivery, multi-agency coordination, and information management that require further strengthening. These are concerns that can be addressed sustainably by policy interventions, which necessitate significant political capital in the Philippine setting. As such, stakeholders from the EMS sector should be represented in DMR planning, a role which will be sustainably ensured by legislation.

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Ethical clearance

The UP Manila Research Ethics Board gave ethical clearance for this study under protocol number 2014-087-01. Participants were given compensation for work-hours spent on participating in the study, travel expenses incurred, and accommodation for those who came from the provinces.

Statement of Authorship

All authors approved the final version submitted.

Author Disclosure

All authors declared no conflict of interest.

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