Antifungal Activity of Crude Glycolated Extracts of Solanum tuberosum L. (White Potato) Peelings against Candida and Aspergillus Species

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ABSTRACT

Background. A rise in the number of immunocompromised patients has increased the risk of opportunistic fungal infections. Identifying novel sources of antifungal agents from commonly discarded materials (i.e. potato peelings) can provide a cheaper alternative for antifungal drugs.

Objectives. The aim of the study was to determine the antifungal activity of crude glycoalkaloid extract from *Solanum tuberosum* L. (white potato) peelings against opportunistic fungi *Candida albicans*, *Candida glabrata*, *Aspergillus niger*, *Aspergillus fumigatus*, and *Aspergillus flavus*.

Methods. The glycoalkaloid content from dried potato peelings were extracted using ethanol and confirmed using colorimetric tests. The extract had a concentration 833.33 microgram/mL. Determination of the minimum inhibitory concentrations (MICs) of the extract via two-fold broth dilution was performed for the five fungi with amphotericin B and fluconazole as the reference antifungal drugs.

Results. MICs of the crude extract for *C. albicans*, *C. glabrata*, *A. fumigatus*, and *A. niger* were not found within the concentration range of the studies and would thus need further experiments using a broader range of glycoalkaloid concentrations. The extract was found to have a MIC of 104.17microgram/mL for *A. flavus*, thereby verifying the antifungal effect of glycoalkaloid against *A. flavus* at said concentration.

Conclusion. Glycoalkaloids from *Solanum tuberosum* are a potential source of antifungals against certain opportunistic fungi.

Key Words: Antifungal agent, opportunistic fungal infections, Solanum tuberosum, potato, glycoalkaloids, Candida, Aspergillus

Presented and awarded "Best Paper" at the 18th Anniversary of the National Institutes of Health, 14th UP Manila Science and Technology Week, 7th Anniversary of the Metro Manila Health Research and Development Consortium on February 17-18, 2016.

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INTRODUCTION

Healthcare-acquired infections (HAI) are common threats to patients resulting in increased morbidity and mortality. An increasing trend in morbidity has been presented by the World Health Organization across countries in Southeast Asia, Eastern Mediterranean, Europe, and Western Pacific from the years 2002 to 2011, and is continuing to rise worldwide due to a plurality of factors. Two of the most common fungi causing HAIs are *Candida* and *Aspergillus* species. In 2016, a total of 1,852,137 severe fungal infections were estimated to have occurred in the

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Philippines, with *Aspergillus* and *Candida* accounting for 10.9% and 80.4% of the total cases, respectively.²

A potential source of new antimicrobial is the commonly marketed crop, *Solanum tuberosum* (white potato) (Figure 1). Plants belonging to the family Solanaceae have been of great interest for several of their medicinal properties.³ *Solanum tuberosum* is found to contain glycoalkaloids which are toxic secondary metabolites produced during stress, such as during pest or fungal attack, for the protection of the crop.⁴ These metabolites also contribute to the bitter taste and burning irritation to the tongue when eaten.





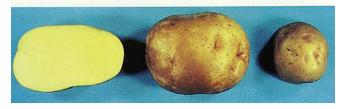


Figure 1. Solanum tuberosum (white potato). Photo taken from Potato Association of America (PotatoAssociation.org).

Due to the rise in number of immunocompromised individuals in recent years, the proliferation of opportunistic microorganisms has been more of a global concern. Primarily, this study addressed the need for a novel source of antifungal agent to combat common fungal species affecting immunocompromised individuals in healthcare facilities. It aimed to authenticate the effect of Solanum tuberosum glycoalkaloid extracts on the growth of the common opportunistic fungal microbes Candida and Aspergillus. In so doing, it also strove to come up with an antifungal agent from readily available sources and their commonly discarded parts. This is also in light of finding a cheaper alternative for the costly medications given to patients with fungal infections. It is an advantage that the particular species of potato being studied is highly available, accessible, and locally produced. Thus, acquisition of the raw materials for experimentation is therefore straightforward.

MATERIALS AND METHODS

Collection of Materials

Potatoes used for the experiment were sourced from a local farm that grows non-GMO (genetically modified

organisms) potatoes organically. It was ensured that all the potatoes used were sourced from the same farm and certified as *Solanum tuberosum* L. by the Philippine Department of Agriculture Bureau of Plant Industry.

Glycoalkaloid Extraction

The *Solanum tuberosum* L. tubers were mechanically separated from their peels via abrasion method after thorough washing with 10% sodium bicarbonate. The peels were then subjected to air drying for four weeks before maceration by a blender. The peel fragments were then stored in clean, airtight bottles away from sunlight.

The extraction method employed was adapted and modified from that of Bushway, Bureau, and Stickney using ethanol as the extracting solvent.⁵ Finely macerated peels weighing 75g were soaked with 300mL of analytical reagent-grade ethanol for 72 hours at room temperature away from sunlight. The mixture was then filtered and subjected to rotary evaporation until the volume had reached 25mL. Afterwards, 2mL of glacial acetic acid was added to the solution. After centrifugation at 38000g for 10 minutes, 25mL of concentrated ammonium hydroxide was added to precipitate the glycoalkaloids. The samples were then divided into separate tubes and subjected to water bath at 70°C for 30 minutes. These tubes were then refrigerated overnight.

After refrigeration, the tubes were again subjected to centrifugation at 38000g for 10 minutes. Pellets were pooled into a single container and sent for lyophilization. After drying, the extract was weighed before being stored in a freezer at -5°C.

Confirmatory Tests for the Presence of Glycoalkaloids

The extract was redissolved in dimethyl sulfoxide (DMSO) and was subjected to confirmatory tests to confirm the presence of alkaloids. The reagents used were the following: Mayer's reagent (potassium mercuric iodide solution), Wagner's reagent (iodine solution in potassium iodide), Hager's reagent (picric acid saturated solution), and Valser's reagent (mercuric iodide test solution). One milliliter (1mL) of each reagent was added to 0.5mL of the solution to check for the formation of colored precipitate that would verify the presence of alkaloid functional groups in the extract.

Determination of Minimum Inhibitory Concentration (MIC)

The minimum inhibitory concentration was investigated via two-fold broth dilution in accordance with the European Committee on Antimicrobial Susceptibility Testing (EUCAST) documents entitled, "Method for the determination of broth dilution minimum inhibitory concentration of antifungal agents for yeasts" and "Method for the determination of broth dilution minimum inhibitory concentration of antifungal agents for conidia-

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forming moulds."6-7 These methods used fluconazole and amphotericin B as reference drugs for the various *Candida* and *Aspergillus* species.

Stock solutions containing fluconazole and amphotericin B were made taking into consideration the potency of the powdered drug using DMSO as the solvent for both drugs. The stock solutions contained 25,600 microgram/mL and 3,200 microgram/mL for fluconazole and amphotericin B, respectively. The crude extract had a stock concentration of 166.67mg/mL.

Into the tubes designated as the tubes of largest concentration containing 3.96mL of modified RPMI-1640 broth with 2% glucose and 3-(N-morpholino) propanesulfonic acid (MOPS) buffer, 40 microliters of the stock solutions were added to form 4mL, yielding a 100-fold dilution of the stock solutions. After mixing, 2-fold serial dilution was carried out by obtaining 2mL from the previous tube and adding these into new tubes containing 2mL of the same modified RPMI-1640 medium. This step was repeated until the last tube had been reached and the final 2mL volume disposed of.

For *Candida* species, fungi were directly transferred aseptically using an inoculating loop to sterile distilled water. For *Aspergillus* species, conidia were first dislodged using a wash of polysorbate 20 (Tween® 20) and sterile distilled water along with gentle scraping of the fungi. The fungal suspensions were added to sterile distilled water until turbidity had reached 0.5 McFarland standard, and was then diluted ten-fold to reach a concentration of 1 x 10⁵ colony forming units (CFU). A volume of 2mL was used as inoculum in each tube to reach the desired concentrations of the standard drugs and the extract.

After addition of inoculum, the final concentrations of the extract were from 833.33 microgram/mL to 1.63 microgram/mL. Final concentrations for the reference antifungals ranged from 128 microgram/mL to 0.25 microgram/mL for fluconazole and 16 microgram/mL to 0.0625 microgram/mL for amphotericin B.

Each organism had setups performed in triplicate. Tubes containing *Candida* were incubated for 24 hours while tubes containing *Aspergillus* were incubated for 48 hours.

Three control tubes were used in every run for each organism and were designated as follows: negative control (broth and fungal inoculum), positive control (broth and

sterile water), and blank control (broth and crude extract).

The minimum inhibitory concentration was determined to be the smallest concentration wherein growth had been inhibited as determined visually using a turbidity comparison card.

Data Collection and Analysis

The minimum inhibitory concentrations were recorded for each trial. Results for *Aspergillus* spp. and *Candida* spp. for fluconazole and amphotericin B were compared to those of the breakpoints listed by the EUCAST for the specific organisms.

RESULTS

Confirmatory Tests

All of the qualitative tests verified the presence of alkaloid functional groups in the extract through the production of precipitates after mixing (Table 1).

Table 1. Qualitative test results for the presence of alkaloids in the extract

Reagent	Presence of Precipitates	Color of Precipitate
Mayer's	+	White
Wagner's	+	Brick-red
Valser's	+	Creamy white
Hager's	+	Yellow

Determination of Minimum Inhibitory Concentration

Minimum inhibitory concentrations (MICs) for the reference drugs showed that none of the organisms tested were resistant strains according to EUCAST breakpoints although *A. fumigates* was found to have intermediate susceptibility to amphotericin B (Table 2). The results of *A. fumigatus* were taken by the authors as still valid for use against the glycoalkaloid extract as the strain was not resistant to Amphotericin B.

Only A. flavus was inhibited by the extract through MIC determination (Table 3). In all other trials, each organism was able to grow in the tube of highest concentration; thus, their respective MICs were outside the range of the MIC concentrations tested for the extract.

Table 2. EUCAST reference antifungal mic breakpoints (microgram/ml) and actual results for Fluconazole and Amphotericin B.²⁸⁻³⁰

	MIC Breakpoints (microgram/mL)						
Fungus	Fluconazole (Control)		Amphotericin B (Control)		Result of Study Organisms	Susceptibility of	
	Susceptible	Resistant	Susceptible	Resistant	to Fluconazole or Amphotericin B	Study Organisms to Control Antifungals	
C. albicans	<u><</u> 2	> 4			2	Susceptible to Fluconazole	
C. glabrata			≤1	> 1	0.0625	Susceptible to Amphotericin B	
A. fumigatus			<u><</u> 1	> 2	2	Intermediate Susceptibility to Amphotericin B*	
A. flavus			(The MIC breakp than those for		1	Susceptible to Amphotericin B	
A. niger			<u><1</u>	> 2	0.5	Susceptible to Amphotericin B	

Table 3. Measured minimum inhibitory concentrations of extract and reference antifungals for *Aspergillus* and *Candida* species tested (microgram/ml) and EUCAST breakpoints for the respective antifungals used

Fungus	Extract
A. flavus	Inhibited at 104.17 (2/3 trials)*
A. fumigatus	> 833.33 (3/3 trials)
A. niger	> 833.33 (3/3 trials)
C. albicans	> 833.33 (3/3 trials)
C. glabrata	> 833.33 (3/3 trials)

^{*}Note: One trial had a MIC of > 833.33 microgram/mL.

DISCUSSION

Candida are human pathogenic yeasts which are ubiquitous in the environment, with some species belonging to the normal human microbiota. These Candida species are among the most common causes of fungal infections worldwide, representing nearly 96% of all opportunistic mycoses. In the Philippine setting, candidiasis caused by Candida albicans ranks first among the common opportunistic infections due to the hot and humid weather coupled with the overgrowth of the diploid fungus. Candida glabrata, on the other hand, ranks second to third among other species in causing systemic or superficial candidal infection.

Aspergillus is a mold commonly found both indoors (i.e. beddings), and outdoors (i.e. decomposing plant materials). It produces spores that are easily aerosolized, and causes infection when inhaled by susceptible hosts during extended antibiotic treatment and in instances of severe immunosuppression. Aspergillus fumigatus is now considered as the most prevalent airborne fungal pathogen with an increasing number of cases of fatal invasive aspergillosis in the immunocompromised. Aspergillus flavus is the second leading cause of human invasive aspergillosis and is the most common cause of superficial infection. Aspergillus niger, in contrast, is rarely reported as a causative agent of infection but is correlated with a 75% mortality rate for those infected.

Extracts of *Solanum* plants have been proven effective in inducing antimicrobial effect against *Staphylococcus aureus* has been found to be significantly inhibited by the glycoalkaloid content of *Solanum nigrum* at a concentration of 20 microgram/mL.²⁰⁻²²

Extracted solanine from *Solanum lycocarpum* was shown to be inhibitory to the dermatopyte *Trichophyton rubrum* at a concentration of 25 microgram/mL.²³

The amount of glycoalkaloids in potato peels is closely associated with the production of chlorophyll, which causes the visible greening on the tuber surface. These processes are independent of each other but are both activated by light. Glycoalkaloid concentrations in the tuber decrease from the epidermis inwards with the highest amounts being found within the periderm and outer parenchymal tissue while having negligible concentrations in the pith.²⁴ A level of 20 mg of glycoalkaloid is reported to be toxic to humans.²⁵

Analysis of the specific glycoalkaloids reveals that α -chaconine and α -solanine are the two major glycoalkaloids found in commercial potatoes – comprising about 95% of the total glycoalkaloids in potato tubers. Solanine and chaconine have both fungicidal and pesticidal properties, having a synergistic reaction causing liposome lysis.

A study by Zhao *et al.* looked into the antifungal activity of five solanaceous glycoalkaloids against *Cercosporella brassicae* and *Alternaria porri*, two phytopathogenic fungi. It was shown that a mixture of α -solanine and α -chaconine resulted in a marked synergistic antifungal activity. The combination of both glycoalkaloids produced a higher activity at lower concentrations than at higher concentrations.²⁷

Another study by Fewell and Roddick in 1997 found that α -chaconine was more inhibitory than α -solanine on spore germination and on growth in liquid culture of *Alternaria brassicicola* and *Phoma medicaginis*, as well as on the growth of *Ascobolus crenulatus* and *Rhizoctonia solani*. At 50 micromoles or less, solanine caused little (< 20%) or no inhibition; but in combination with comparable concentrations of chaconine (which were sometimes also below the activity threshold), synergistic inhibitory effects were apparent by up to 100%.²⁷

Generally, the effect of crude glycoalkaloid extract on *A. flavus* may be attributed to the surfactant effects on the fungi's sterol-containing cell membranes. Glycoalkaloid compounds destabilize the membrane forming complexes between the glycoside and membrane bound sterols such as those found in fungal hyphae.²³

The study was able to successfully extract glycoalkaloids from Solanum tuberosum peels with ethanol as the extracting solvent as shown by the presence of colored precipitates using the confirmatory reagents. The antifungal activity of these ethanolic glycoalkaloid-containing extracts of S. tuberosum presented with inhibition of only Aspergillus flavus among the five organisms tested. This fungus had an MIC of 104.17 microgram/mL while the MICs for C. albicans, C. glabrata, A. fumigatus, and A. niger were outside the concentration range of the crude extract used in the experiment. It is thus highly possible that certain interspecies variations in cell wall composition make A. flavus more susceptible to the action of the extract than any of the other fungi tested. However, it is noted that the antifungal activity of Solanum tuberosum in these fungal species cannot be completely ruled out even though the MICs were not determined in the experiment.

The use of reference antifungal drugs was not meant to be a means of comparison of activity. Rather, amphotericin B and fluconazole were used in order to ensure that the fungi used in the experiment were not resistant strains that would otherwise lead to falsely negative results. Standardization was ensured through the usage of the same broth, inoculum size, solvent concentration (less than 1% DMSO), incubation time, and temperature throughout the experiment. The MICs for the respective drugs tested on each fungal species fell within the susceptible range, with the exception of *A. fumigatus* which had intermediate susceptibility. As stated

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in the EUCAST breakpoints for *Candida* and *Aspergillus* species, it is possible to conclude that the fungal species used were not resistant strains and would less likely provide falsely negative results in MIC determination.

Controls in the experiment were used in order to increase the validity of the results. A negative control was used in order to see how the growth of the specific fungus would appear, a positive control was used to see the appearance of the tubes that do not exhibit growth, and because the extract showed coarse flocculation that settled in the bottom of the tube, a blank control was used in order to avoid falsely reporting fungal growth. Also, the broth in the blank control did not become turbid and the color did not change from red to yellow which would have otherwise indicated growth of carbohydrate-fermenting organisms. In determining the MIC, it was ensured that the tubes were compared to these controls.

Possible reasons for the lack of positive results against the other fungi tested may be attributed to the inadequate concentration of extract applied during the assay to inhibit their growth. It is desired that nothing other than the glycoalkaloids and the drugs would be the sole producers of antifungal property. However, being an unpurified substance, the extract may have had unaccounted substances that may have affected the results.

CONCLUSION

The experiment showed that the crude glycoalkaloid extract from *S. tuberosum* peels has antifungal activity to a certain extent. The MIC of the extract for *A. flavus* was determined to be 104.17 microgram/mL. However, the experiment failed to demonstrate the antifungal activity within the concentrations tested for *A. fumigatus*, *A. niger*, *C. albicans*, and *C. glabrata*; hence, MICs for these fungi species were not determined. It should be noted that even though the MICs were not obtained, it does not necessitate that antifungal activity is absent. Further investigation is recommended to test antifungal activity at broader concentrations.

RECOMMENDATION

Several suggestions to further the study are recommended by its proponents. First, purification of the extract via absorption spectrophotometry, chromatography, or other quantitative confirmatory techniques is proposed in order to obtain a pure glycoalkaloid extract to further establish a stronger basis for the antifungal activity of glycoalkaloids.

Second, studies that use a broader range of concentrations of extracts are recommended in order to ascertain the MICs of the extract for the other organisms. Further studies may also probe further into other members of the Solanaceae family, which may reveal characteristics of the extract not previously seen in *S. tuberosum* that may prove helpful in improving its preparation.

Third, applied researches investigating other clinical applications of the extract related to its antifungal property while considering the appropriate routes of administration will be most helpful in advancing the study's practical use and formulation.

Statement of Authorship

All authors have approved the final version submitted.

Author Disclosure

All authors declared no conflicts of interest.

Funding Source

This paper was partially funded by the University of the Philippines College of Medicine - Department of Pharmacology and Toxicology, UP Medical Foundation Inc., and University of the Philippines Manila - National Institute of Health.

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